



Supply List

This is a list of suggested items you may use for the Thrival Kits Program!

Theme 1

- **Box** - shoe-box, cereal box, or cardboard box
- **Chime** - Bell, song, or create a clap rhythm
- **Label** - sticker label
- **Journal** - buy or create
- **Raisins** - dried fruit, chocolate chips, or small veggies
- **Touchstone** - any rock or stone
- Applicable video/audio resources

Theme 2

- **Chime** - bell, song, or create a clap rhythm
- Applicable video/audio resources

Theme 3

- **Chime** - bell, song, or create a clap rhythm
- Paper, crayons/coloured pencils, and scissors
- **UNCRC poster** - available in Resource Bundle



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Theme 4

- **Chime** - bell, song, or create a clap rhythm
- **Poster paper** - large poster paper or poster-sized sticky memo pad
- Drawing paper
- Art supplies
- **Writing utensils** - markers

Refer to Theme 4 bundle for additional resources, in this bundle you will find:

- Image of Equinox
- Story: How Shannen Koostachin Changed the World
- Handout of 24 character traits from Mayerson Academy
- Superhero profile form

Theme 5

- **Chime** - bell, song, or create a clap rhythm
- **Dream Seed** - any type of plant/flower seeds

Theme 6

- **Chime** - bell, song, or invent a clap rhythm
- **Journal** - buy or create
- **Mindfulness Tree Poster** - available in Resource Bundle