



# thrival kits™

## THEME SUPPLY LIST



### THEME 1

- Chime
- Label
- Journal
- Package of raisins
- Meditation touchstone
- Applicable video/audio resources



### THEME 2

- Chime
- Applicable video resources





### THEME 3

- Paper, chime, crayons/coloured pencils/markers, scissors (not included)
- Blank postcard cut to the size of the Thrival magnet
- Thrival magnet

Refer to Theme 3 bundle for additional resources.

In this bundle, you will find:

- UNCRC images with Activity 1 instructions
  - Rights Versus Wants images with Activity 2 instructions
  - List of news stories for Activity 4
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## THEME SUPPLY LIST



### THEME 4

- Poster-sized sticky memo paper/large-sized poster paper (not included)
- Markers/writing utensils (not included)
- Blank drawing paper (not included)
- Art supplies (not included)

Refer to Theme 4 bundle for additional resources.  
In this bundle, you will find:

- Image of Equinox
- Story: How Shannen Koostachin Changed the World
- Handout of 24 character traits from Mayerson Academy
- Superhero profile form



### THEME 5

- Chime
- Dream Seed



### THEME 6

- Tree of Mindfulness poster
  - Journal
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