



## Thrival Kits Extra Kits

As we continue to manage our resources and track numbers for reporting purposes, we would like to know if you are taking part in the program this year and using leftover kits from previous years.

If you could kindly connect with the Thrival Kits Coordinator with an answer to whether or not you are participating in Thrival Kits this year, and how many students are participating in the program, that would be greatly appreciated.

Your cooperation in this matter is highly appreciated, as it will help us ensure that we allocate resources efficiently and have accurate numbers for funding purposes, as Thrival Kits is a **free** program funded by the province of Manitoba.

If you need to order more kits, please head click [here](#).

## Extra Thrival Kits

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If you could kindly email the project coordinator at [dvermette@cmhawpg.mb.ca](mailto:dvermette@cmhawpg.mb.ca) with an answer to whether or not you are participating in Thrival Kits this year, and how many students are participating in the program, that would be greatly appreciated.

Your cooperation in this matter is highly appreciated, as it will help us ensure that we allocate resources efficiently and have accurate numbers for funding purposes, as Thrival Kits is a **free** program funded by the province of Manitoba.

Thank you for your time and attention to this request. If you have any questions or require further clarification, please don't hesitate to reach out.

## Facilitator Resource Spotlight

## Thrival Kits Orientation



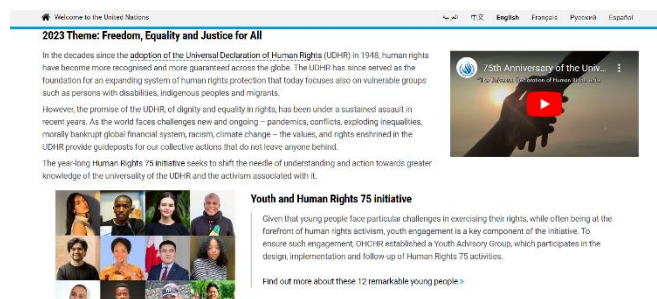
Thank you to all the Facilitators that took part in the orientation sessions over the past two months. You have gained confidence in delivering this mental health promotion program and it is my hope that you feel ready and supported to make the program a success in your classrooms. Feedback from the trainings have been very positive!

With orientation sessions now finished, a YouTube recording of the orientation session has been added to the *Engage and Exchange Hub*. To access the training video, log into your Facilitator Account, or email the program coordinator for the link.

If you missed the orientation sessions and would like to learn more about Thrival Kits, please email [sdavidson@cmhawpg.mb.ca](mailto:sdavidson@cmhawpg.mb.ca)

## Thrival Kits Facilitator Resources

**December 10, 2023** marks the **75th anniversary** of one of the world's most groundbreaking global pledges: the [Universal Declaration of Human Rights](#) (UDHR). This landmark document enshrines the inalienable rights that everyone is entitled to as a human being - regardless of race, colour, religion, sex, language, political or other opinion, national or social origin, property, birth or other status.



The theme for Human Rights Day 2023 is **Freedom, Equality and Justice for All**.

To learn more about Human Rights Day, and to explore how a group of youth have been at the forefront of human rights activism, click [here](#).



December is a busy month and can be impacted by many competing forces, especially with the holiday season approaching. Reduced daylight can have a negative effect on our mood, and unpleasant memories from the past can easily flood back during the season when you are thinking and seeing family.

Check out the [Care For All In Education Website](#) to read the article and explore how we can navigate this sometimes difficult time of the year.



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